Instructions to Authors for *Journal of Wellness and Health Care*

**Authorship**
1. Authorship criteria for those qualified to contribute to the Journal of Wellness and Health Care are as follows:
   (1) Regular members among those qualified to contribute to the Journal of Wellness and Health Care defined according to the regulation of Wellness and Health Care Society as stipulated in Article 5.1.1.
   (2) Authors solicited to write an article by the editorial board of *Journal of Wellness and Health Care* (hereinafter referred to as “the Journal”).
   Co-authors do not have to be solicited by the editorial board of the Journal.

**Contribution requirements**
2. The Journal requires that submitted articles have not been published elsewhere.

**Article Types**
3. Review, Original Article, Brief Communication, or other manuscripts, in Japanese or English may be submitted, as follows.
   (1) Review: Review articles based on specific viewpoint for a specific research field.
   (2) Original Article: original research papers with a clear conclusion, or papers recognized by the editorial board members as of scientific value.
   (3) Brief Communication: Creative but fragmentary research. Papers presenting research methods, operations, technologies, improvement of a device, new experiments, or simple expressions regarding applied research.
   (4) Others: Reference documents related to research and technology, or explanations, investigations, statistical reports, general reports, and case reports. Details regarding manuscript length and formats for listing references and graphs are described in the “Style Guide.”

**Ethical considerations**
4. Research involving human subjects must comply with institutional and national ethical guidelines, and be performed in accordance with the Declaration of Helsinki, including respect for the dignity of the test subject, informed consent, and other considerations.
Research on animals should be performed in accordance with the institutional and national guidelines for the care and use of laboratory animals. These considerations must be mentioned in the paper.
Duration of reception of the manuscripts
5. The duration of reception of manuscripts is specified in a separate document (Contribution of articles to the Journal of Wellness and Health Care).

Submission
6. Along with the manuscript (one original and three copies), the Manuscript Registration Form for the Journal should be submitted to the chief of the Journal Editorial Committee.

Acceptance or rejection of manuscripts
7. The decision to accept or reject a manuscript is made by the Journal Editorial Committee.

Corrections
8. The author can check both 1st-proof and 2nd-proof. Changes should be made within 3 days after receiving the 1st-proof from the Journal Editorial Committee and resubmitted to the chief of the Journal Editorial Committee.

The manuscript should not be changed by the author at the time of checking the 1st-proof and 2nd-proof.

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Publication
10. The Journal is published twice a year (August and February).

(Revised on April 1, 2017)